

Month	Emphasis	CORE CURRICULUM (classroom lessons)	Small Groups	Other Services & Meetings	School Support
August <i>Tough Emotions</i>	M3 B-SS 1 B-SS 3 B-SMS 7	K-5: Counselor Introduction + Community Building “Belly Breathing” 1) We can reflect on our thoughts/feelings. 2) We have tools to calm difficult emotions.	K: Recess Club (Social Skills) Changing Families I & II Positive Self-Expression I	Parent Meetings New Family Coffee New Student Lunch	Orientation/Registration School Crisis Team Meeting I
September <i>“Study Skills”</i>	M5 B-SS 6 B-LS 9 B-SMS 6	K: Learning with my 5 Senses 1: “My Habits Affect My Learning” I 2: Choices + Consequences I 3: “My Habits Affect My Learning” II 4: Choices + Consequences II 5: “When I feel _____, I can do _____”	1st-2nd: Test Taking (Anxiety) Grief Student Support Group I New Students Lunch Groups I & II	Parent Meetings Divorce Support Group (adults only) Trauma Workshop (Parents) Trauma Workshop (Faculty)	Wednesday Morning Announcements [Theme: Positive Affirmations] New Student Lunch
October <i>Self-Esteem</i>	M2 B-SS 2 B-SMS 10	K: “I AM ” 1st&2nd: Self-Confidence Workshop 3: Worry Warts I 4:Worry Warts II 5: Facing our Fears	K-2: What is a Worry? (Anxiety) Changing Families I	Parent Meetings School Crisis Team: Check-In Grief Advising: Workshop	Fall Faculty Appreciation
November <i>Goal Setting</i>	M2 M4 B-SMS 4 B-LS 7	K: I HAVE GOALS! 1st: Read Aloud + discussion 2nd: Dreams vs Goals 3rd: “I always try my best” 4th: “I Can Practice” activity 5th: Step by Step	Changing Families II Grief Student Support Group I	Parent Meetings Pre-Holiday Stress Workshop (faculty) School Crisis Team: Meeting II	Monday Morning Announcements [Theme: Reflection]
December <i>Wellness</i>	M1 M3 B-LS 1	K&1st: I’m a Whole Me 2nd: Self-Care Intro 3rd: Emotions and Needs	3rd Grade Girls Friendship Group	Parent Meetings New Family Coffee II Grief Advising	Morning Duty MWF Community Outreach Reception

		4th: Self-Care Bingo + Belly Breathing 5th: "What Makes a Healthy Habit?"	Grief Support Group II		
January <i>Careers & People</i>	M2 M4 B-SS 7	K: Read Aloud + Dress Up 1st: When I Grow Up Job Fair 2nd: How Do I Become a...? 3rd: A Career for Me: Personality Inventory 4th: Career Exploration I 5th: Career Exploration II	Teacher Feedback Request: Identifying Students with Weak Support Systems Changing Families I Positive Self Expression II	Parent Meetings Post-Holiday Classroom Drop-in's: Managing Anxiety	Character Breakfast Friday Morning Announcements: [Theme: We are Friends]
February <i>Communication</i>	M1 M6 B-LS 4	K-1st: Classroom Read Aloud: Topic- Boundaries 2nd: Conflict Resolution I 3rd: Words Matter 4th: Rude vs Mean vs Bullying 5th: Conflict Resolution II	Boys Breakfast Bunch: Good Listeners Grief Support Group II	Parent Meetings School Crisis Team: Meeting III Consultation with Principal: Assessment	Dismissal Duty 2 nd Grade Girls' Tea: Planning +Rehearsals
March <i>Emotional Awareness + Skills for Success</i>	M5 B-PF 6 B-SS 2 B-SS 3	K: Interactive Emotions Exploration 1st: Organization 2nd: Time Management 3rd: Setting Goals with Time Management 4-5: Emotional Awareness I &II	1st grade Feelers Group: Drawing Club Changing Families II	Parent Meetings Parent-Teacher Conferences	Lunch Duty Mon & Wed Community Wall: Visually Engaging on Current Topic 2 nd Grade Girl's Tea [Parent+Daughter]
April <i>Be A Friend</i>	M3 B-SS 1-2	K: Friendship Do's and Don'ts 1st: Keys to Friendship Discussion + Poster Activity 2nd: Beavers Don't Bully 3rd: Everyone is Welcome Here 4th: Being a Good S.P.O.R.T. 5th: Accepting Others, Accepting Myself	K-1: Listening Skills- in Library 5th Grade Girls Group I, II, III	Parent Meetings School Crisis Team: Review	Morning Duty MWF Standardized Testing: Collaborate w/ Teachers Parent-Teacher Conference Reports

May <i>College & People</i>	M4 B-SMS 3	K-1: School Spirit + Hopes and Dreams 2nd: “Dolphin University” Applications 3rd: Different Tools for Different Jobs 4th: “Letter to the Future Me” 5th: Interview With a Real College Student	Changing Families I & II K: Recess Club (Social Skills) 2nd Grade Pals	Parent Meetings Consultation with administration: Reflection + New Goals	Parent Receptions by Grade
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